



Master Classes Theme

Tai Chi Chuan principles: **sensibility training** focusing on

- Teng Jin: listening
- Dong Jin: understanding

Applications

- Touching
- Linking
- Adering
- Following
- not confronting or disengaging



Advanced Course

7-8 December 2017

time: thursday 02.00/05.00 pm
friday 10.00/12.30 am - 1.30/04.00 pm

This course is open to Tai Chi practitioners who have at least two or three years Tai Chi Chuan experience.

Course fee early payment before 10th November 2017

Work on Tai Chi Chuan principles

one day € 100.00
two days € 175.00

Advanced Course

€ 180.00

Course fee after 10th November 2017

Work on Tai Chi Chuan principles

one day € 120.00
two days € 200.00

Advanced Course

€ 200.00

Places are limited, You are advised to book early.

To book, please complete the online form on website
www.associazioneamrita.it/masterclassesDing2017

(Once paid, fees are non-refundable)



Place

The workshop will take place in the gym hall "Trello" of Lovere, a village on the Iseo Lake's shores, in Bergamo province. Lovere is about 40 minutes from 'Milano Bergamo Orio al Serio' airport.

Transport

Transport from airport to the accommodation (in Lovere or near) and from the accommodation to the practice hall is provided by Amrita association.

Lunch

At 'Aurora' restaurant € 10/11 on order.

Contacts

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For any informations contact Amrita association or Master Ding Academy.

